

TRAFFORD ARTISTIC SWIMMING CLUB

Hazard Identification and Risk Assessment Form

Risk Assessment for: **Stockport Grammar**

Artistic Swimming

Undertaken by: Geraint North

02/09/20

Water depth 2m

| Identified Hazard | Persons at Risk | Risk Significance | | | Action Required | Date Action Taken |
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| | | Low | Med | High | | |
| <p><u>1.General (a)</u></p> <p>Swimmers, accessing poolside without a coach/life guard present.</p> | All swimmers | | x | | <p>No swimmer to enter poolside until a coach/lifeguard present. All swimmers to wait in the reception area, with parents until coach, lifeguard present. Telephone communication links between coaches and “key parent” to be maintained.</p> <p>With implementation of adequate control measures – Risk Low</p> | Ongoing |
| <p><u>2.Environment</u></p> <p>Changing Areas, Showers and Toilets Wet slippery surfaces, risk of slips, trips and falls.</p> | Swimmers, parents and coaches | x | | | <p>Warnings to all club members re potential dangers of wet floors and the importance of reporting any areas which require repair / cleaning within the changing room, shower or toilet areas.</p> <p>With Implementation of Adequate Control Measures - Risk Low</p> | Ongoing |

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| Pool Hall Wet slippery surfaces, risk of slips, trips and falls. | All swimmers, officials and coaches on poolside | x | | | All swimmers and coaches to be aware of potential dangers caused by not adhering to poolside behaviour and management policies. | Ongoing |
| Storage of equipment on poolside Risk of slips, trips and falls | All swimmer, coaches and coaches on poolside. | x | | | All equipment used to be kept tidy during the session, and following completion all equipment to be stored away from the poolside in a secure area which allows a minimum of 1.5m walk way around the pool. | Ongoing |
| Broken /chipped wall and floor tiles Risk of cuts and skin abrasions | Swimmers. Coaches and all poolside personnel | x | | | Isolate area, identify and report to pool managers | Ongoing |
| Safety Equipment stored around the pool . | Swimmers, coaches and all poolside personnel | x | | | Coaches to check equipment prior to commencement of session. | Ongoing |
| Telephone and First aid Box located on poolside | All | x | | | All swimmers, coaches and personnel to be made aware of location. | Ongoing |
| | | | | | With Implementation of Adequate Control Measures – Risk Low | |
| Pool Tank Deep Water (2m) Risk of losing footing /drowning . | Swimmers particularly learners and coaches | x | | | Qualified RLSS Life guard on duty at all times, training updates attended, and paperwork completed and checked. Correct number ratio swimmers to lifeguard adhered to. 30/1 | Ongoing |
| | Swimmers | x | | | | Ongoing |

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| <p>Projections into the water eg. pool steps. Risk of entrapment or cuts.</p> <p>Glare and reflection on the water creating observation by lifeguards difficult.</p> <p>Poor chemical water quality leading to eye, nose, throat irritation and breathing difficulties. Cloudy water.</p> <p>Water Cleanliness, floating foreign objects eg foam pieces from training equipment. Risk of infection, choking hazard.</p> | <p>Swimmers/Lifeguards</p> <p>Swimmers, coaches and poolside personnel</p> <p>All swimmers</p> | <p>x</p> <p>x</p> <p>x</p> | | <p>Keep swimmers away from step area during routine swimming .</p> <p>Lifeguard to keep moving around the pool , changing direction.</p> <p>Swimmers to always wear goggles, water quality check, remove swimmers from the pool if appropriate. Discuss with pool management re improvements to eliminate hazards or risk and/or provide warning signs relating to deficiencies.</p> <p>Coach to check pool cleanliness, prior to commencement of session and remove any obvious foreign objects.</p> <p>With Implementation of Adequate Controls Measures – Risk Low</p> | <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> |
| <p>3.Discipline Specific Issues – Synchronised Swimming</p> <p>Inappropriate teaching/coaching qualifications. Potential for injury/drowning incident</p> <p>Depth of Water - possible injury due to diving/jumping entries into the water. Possible injury by striking pool floor with head when performing rotational movements during training</p> | <p>Swimmers</p> <p>Swimmers</p> | <p>x</p> <p>x</p> | | <p>Ensure that persons of an appropriate level of teaching/coaching qualification and competence for the level of skills being taught or coached are present during training sessions and that less qualified teachers are properly supervised.</p> <p>Ensure swimmers and coaches are aware of strictures relating to the depth of water for jumping and diving entries and when undertaking rotational movements under water.</p> | <p>Ongoing</p> <p>Ongoing</p> |

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| Lane swimming - Mixed groups with different abilities – possible collisions. | Swimmers | x | | | Coaches to maintain adequate supervision for, swim direction, numbers per lane and speed. Use of lane ropes to create safe environment for weaker swimmers. | Ongoing |
| Audio Equipment on poolside Heavy equipment with trailing wires. Risk of crush injury, slips, trips and falls. | All swimmers, coaches and personnel on pool side. | x | | | Battery audio equipment used, All equipment checked regularly for safety. During use, site away from poolside edges. Minimal length of trailing cables, kept at floor level and covered to prevent tripping. | Ongoing |
| Prolonged Breath Holding | Swimmers possible drowning incident | x | | | Ensure swimmers and coaches are aware of the dangers from prolonged holding of breath during figures and routines. With Implementation of Adequate Control Measures – Risk Low | Ongoing |
| 4.General (b) | | | | | | |
| Medical Conditions, which may lead to activities being unsafe. Eg Diabetes, Epilepsy, Asthma. | Swimmers, coaches and personnel on poolside | x | | | Discussion with parents/guardians re medical management of the individual. Completion of Club medical forms and formulation of a policy with all parties in regard to supervision, responsibilities and treatment of swimmers with a known medical condition. This must be prior to acceptance into the club and/or pool environment. | Ongoing |
| Child Protection Issues. | | x | | | | Ongoing |

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| <p>Possible abuse of children/wrongful Accusations</p> <p>Accidents/Incidents Reporting Accident or Incident which may lead to civil or criminal court action</p> <p>Minor First Aid Provision</p> | <p>Swimmers, coaches and personnel on poolside</p> <p>Swimmers, coaches and personnel on poolside</p> | <p>x</p> <p>x</p> | | <p>Club Welfare officer identified. (Trained) All coaches and pool side personnel to have DRB Check, and a minimum of 4 club officials/ coaches to have attended a Child Safeguarding Course. All coaches, Officials and Volunteers to be aware of good practices and code of conduct in relation to child protection issues.</p> <p>Accident / Incident Reporting Book to be kept on poolside at all times. Club Constitution states clearly procedures to be followed in the event of an accident / incident. Adequate Insurance cover as per ASA recommendations. Contact ASA Legal Affairs Department for advice If required.</p> <p>Life guard (qualified First Aider) on poolside at all times</p> <p>With Implementation of Adequate Control Measures – Risk Low</p> | <p>Ongoing</p> |
| <p>5. COVID-19 Specific COVID-19 transmission between waiting swimmers and guardians prior to the session.</p> | <p>Swimmers and guardians</p> | | <p>X</p> | <p>Stockport Grammar to segregate reception so that arrivals do not come into contact with leavers from previous session, and face coverings to be worn by all people in reception area.</p> <p>Trafford Artistic Swimming Club to request that swimmers wait in cars until the session begins and not congregate in the reception area.</p> <p>No spectators will be allowed poolside.</p> | |

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| COVID-19 transmission between swimmers at poolside. | Swimmers poolside | X | | <p>Stockport Grammar to place 2m lane markings along benches and provide baskets for equipment.</p> <p>Trafford Artistic Swimming Club to provide training for swimmers prior to first session to ensure that they know to place equipment in baskets and enter the pool directly in front of their assigned location on the bench, not using any steps.</p> <p>On arrival, swimmers will be asked if they are presenting with COVID-19 symptoms.</p> |
| COVID-19 transmission between swimmers and coaches. | Swimmers and coaches | X | | Coaches to maintain distance of at least 2m from swimmers at all times. No equipment will be used during training sessions. |
| COVID-19 transmission between swimmers in pool. | Swimmers | X | | Swimmers will remain 2m apart at all times. In line with Swim England guidance, no lifts or other close-contact work will be attempted. Swimmers must enter and exit the pool at the point nearest to their equipment basket. |
| COVID-19 transmission between swimmers in the changing rooms. | Swimmers | X | | Swimmers will arrive swim-ready before the session, and after the session will not use changing rooms, but will exit directly into guardian's cars. The changing rooms will only be available for use by a small number of individuals with special circumstances. |
| COVID-19 transmission between swimmers and guardians at collection time. | Swimmers and guardians | | X | Ideally, Stockport Grammar will open the overflow parking gate to allow swimmers to exit directly from the pool to their cars via the fire exit. |

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| COVID-19 transmission whilst delivering first aid. | Swimmers, coaches, lifeguards | X | | <p>If this is not possible, Swimmers will exit the pool directly into the reception area and from there immediately out into cars.</p> <p>Trafford Artistic Swimming Club will provide appropriate PPE to ensure that risk of infection is minimised when delivering first aid, in accordance with the training that lifeguards have received.</p> | |
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